

Welcome to the premier edition of the Sakhiya Skin Clinic newsletter, your exclusive pass to the latest in skincare! Why a newsletter, you ask? In a world of instant updates, this is our special space to connect, just for you.

◆ I'm **Dr. Jagdish Sakhiya**, the face behind Sakhiya Skin Clinic, on a mission since '98 to redefine skincare.

◆ **My approach?**

Blending the art and science of dermatology to give your skin the love it deserves.



**Why trust us?**

Because we bring not just experience but a passion for transforming skincare into an experience that's both effective and enjoyable. The vision is simple: deliver cutting-edge medical and dermatological services while sharing wisdom like confetti.

Expect regular updates on our latest treatments, skincare tips, and insider glimpses into the world of Sakhiya Skin Clinic. Here's to a skincare adventure “where expertise meets a warm, friendly high-five!”



ALL TREATMENTS  
**UNDER ONE ROOF**

- ◆ Pimple & Acne Scars Treatments
- ◆ Laser Treatments
- ◆ Hairfall Treatments
- ◆ Skin Glow Treatments
- ◆ Anti-Aging Treatments
- ◆ Dermato - Surgery
- ◆ Plastic Surgery

# Why **MEDIFACIALS** are better than regular salon facials?

## Discover **The Medifacial** *Advantage!*

### Why choose Medifacials over regular parlor facials?



Simple – it's not just a treat for your skin, it's a transformative experience. Medifacials blend medical expertise with pampering, offering personalized treatments that go beyond the surface. Elevate your skincare routine; choose impact over routine.

Medifacials are versatile treatments designed to address a variety of skin concerns. Some common skin issues that Medifacials can effectively target include:

**Fine Lines and Wrinkles:** Medifacials often include ingredients and techniques that promote collagen production, helping to reduce the appearance of fine lines and wrinkles.

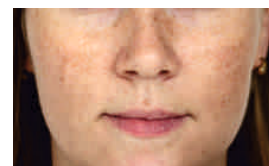
**Acne and Acne Scars:** Medifacials may incorporate treatments that target acne and its aftermath, promoting clearer skin and minimizing the appearance of scars.

**Hyperpigmentation:** For uneven skin tone or dark spots, Medifacials can include ingredients and procedures aimed at brightening and balancing skin pigmentation.

**Dull or Uneven Skin Texture:** Medifacials often involve exfoliation and rejuvenation techniques to improve skin texture, leaving it smoother and more radiant.

**Dehydration:** Medifacials can include hydrating ingredients and techniques to replenish moisture, leaving the skin plump and revitalized.

**Sun Damage:** Medifacials may incorporate treatments that target sun-damaged skin, helping to repair and renew the skin's appearance.



# Unveiling Timeless Radiance

## ANTI-AGING ESSENTIALS

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In this edition, we delve into the world of timeless radiance and the essentials of anti-aging. Let's unlock the secrets to maintaining youthful skin effortlessly.



### 1. Understanding the Aging Process:

**Collagen Decline:** Explore why collagen, a key protein, diminishes with age, impacting skin elasticity and firmness.

### 2. Anti-Aging Skincare Habits:

**Sun Protection:** Embrace the power of sunscreen to shield against harmful UV rays and prevent premature aging.

**Hydration:** Discover the role of hydration in maintaining skin plumpness and preventing fine lines.

**Gentle Cleansing:** Uncover the importance of gentle cleansing to preserve skin's natural moisture balance.



### 3. Advanced Anti-Aging Treatments:

**Dermal Fillers:** Learn about non-surgical options like dermal fillers to address volume loss and reduce wrinkles.

**Botox:** Explore the benefits of Botox in minimizing the appearance of dynamic wrinkles.

### 4. Lifestyle and Diet for Youthful Skin:

**Nutrient-Rich Foods:** Incorporate foods rich in antioxidants, vitamins, and omega-3 fatty acids for overall skin health.

**Regular Exercise:** Understand how regular exercise promotes circulation and contributes to a radiant complexion.



### 5. Exclusive Sakhiya Skin Offer:

**Complimentary Anti-Aging Consultation:** Book now to receive personalized recommendations tailored to your skin's unique needs.

# Redefine Your Glow

## Introducing the Red Carpet Facial

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Embark on a journey to radiant skin with Sakhiya Skin Clinic's newest sensation - The Red Carpet Facial. Elevate your skincare game and bask in the opulence of a treatment designed to make you shine like a star.

### 1. The Red Carpet Facial: A Luxurious Escape:

- **Glowing Transformation:** Experience an instant, luminous radiance that's perfect for any red carpet event.
- **Indulgent Pampering:** Immerse yourself in the ultimate spa-like treatment for revitalization and rejuvenation.



### 2. Benefits of the Red Carpet Facial: Elevate Your Skin:

- **Deep Hydration:** Enjoy a surge of hydration for plump and revitalized skin.
- **Refined Pores:** Witness the visible refinement of pores, leaving your complexion smoother.
- **Youthful Radiance:** Unlock the secret to a youthful, radiant glow that steals the spotlight.



### 3. Perfect for Special Moments: Glam Up for Any Occasion:

**Pre-Event Preparation:** Enhance your beauty routine before weddings, parties, or any special occasion for an extra confidence boost.



### 4. Exclusive Red Carpet Offer: Your Time to Shine:

- **Limited-Time Special:** Seize our exclusive introductory offer for the Red Carpet Facial - because your radiance deserves to be in the spotlight.
- **Seamless Booking:** Schedule your Red Carpet Facial now and let your skin shine effortlessly.

### 5. Capture the Glow at Home: Sustain Your Radiance:

**Skincare Recommendations:** Extend the red carpet experience with our recommended skincare products to maintain that post-facial glow.

# Pamper your face with **Sakhiya Skin Clinic**

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Step onto the red carpet and let Sakhiya Skin Clinic unveil a new era of radiance for your skin. The spotlight is on you - reserve your Red Carpet Facial today and let your glow steal the show!

Certainly, let's delve into detailed descriptions for each of the mentioned treatments:

## **1. Botox:**

**Description:** Botox, or Botulinum Toxin, is a neurotoxin used in cosmetic procedures to temporarily relax muscles. By blocking nerve signals in targeted areas, it reduces the appearance of wrinkles and fine lines, providing a smoother and more youthful complexion.

**Benefits:** Effective for treating dynamic wrinkles, particularly around the eyes and forehead.

## **2. Filler:**

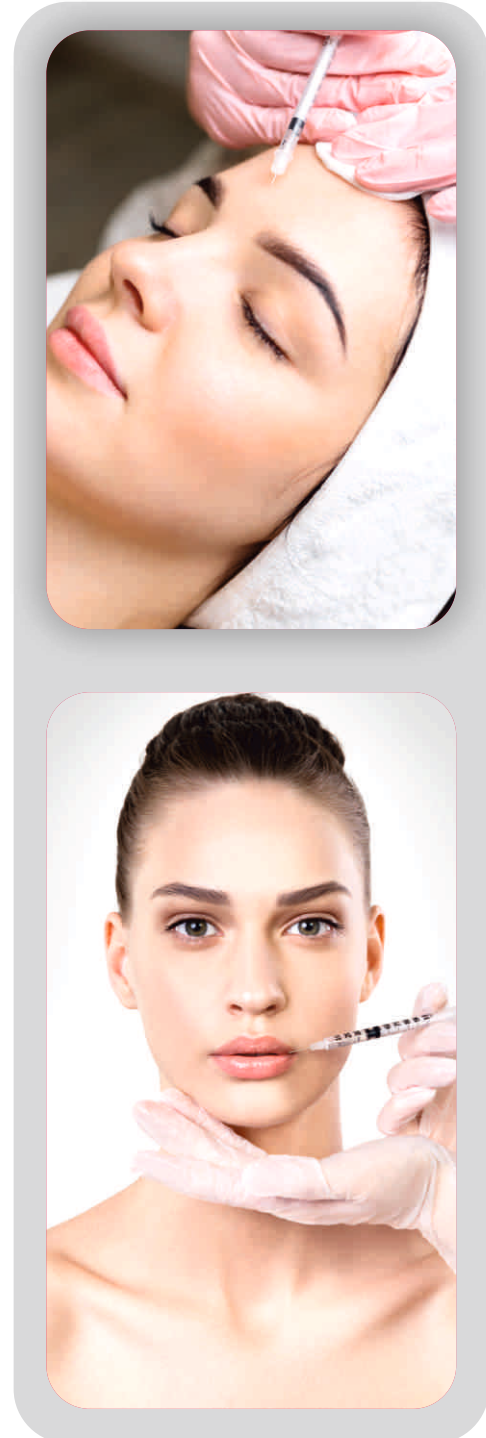
**Description:** Dermal fillers are injectable substances designed to add volume to targeted areas, reducing the appearance of lines, wrinkles, and sagging. They typically contain hyaluronic acid or collagen, restoring a youthful fullness to the skin.

**Benefits:** Addresses volume loss, enhances facial contours, and provides a plump and youthful appearance. It takes 12-24 months for long lasting results.

## **3. Threads:**

**Description:** Thread Lift is a non-surgical facelift using dissolvable threads to lift and tighten sagging skin. Threads stimulate collagen production, promoting natural skin rejuvenation.

**Benefits:** Immediate lifting effect, improved skin texture over time.



# Youthful Radiance Revived

## 4. Hydrating Fillers (Restylane, Vital, Volite, Profilo, Glutathoine)

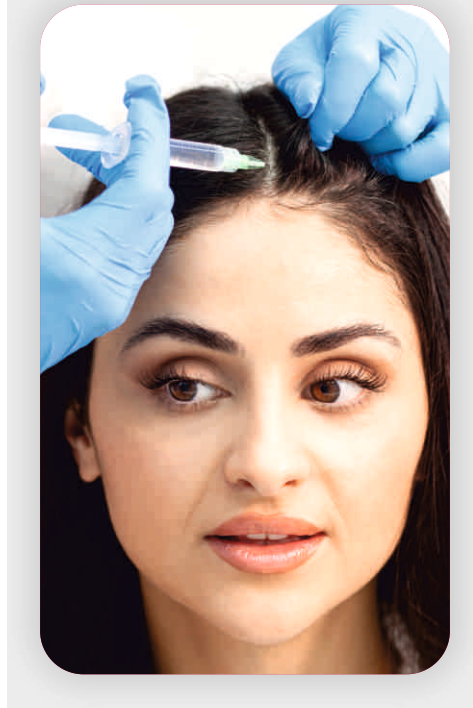
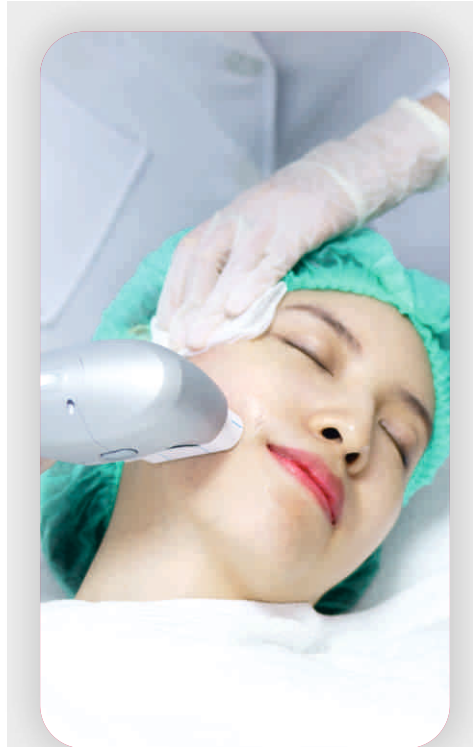
**Description:** These hyaluronic acid-based injections are specifically formulated for deep skin hydration. They attract and retain water, providing a natural and long-lasting improvement in skin texture and elasticity.

**Benefits:** Intense hydration, improved skin quality, reduced fine lines.

## 5. PRP (Platelet-Rich Plasma):

**Description:** PRP involves drawing a small amount of the patient's blood, processing it to concentrate platelets, and then injecting the platelet-rich plasma back into the skin. It stimulates collagen production and accelerates tissue repair.

**Benefits:** Natural rejuvenation, improved skin texture, reduced signs of aging.



## 6. Nano Fat Transfer:

**Description:** Nano fat transfer involves harvesting a small amount of fat from one area of the body, processing it to obtain nano-sized particles, and then injecting it into areas requiring volume restoration or rejuvenation.

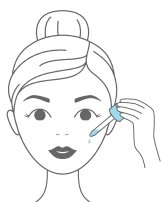
**Benefits:** Natural-looking results, improved volume and texture.

## Device-Based Treatments:

## 7. HIFU (High-Intensity Focused Ultrasound):

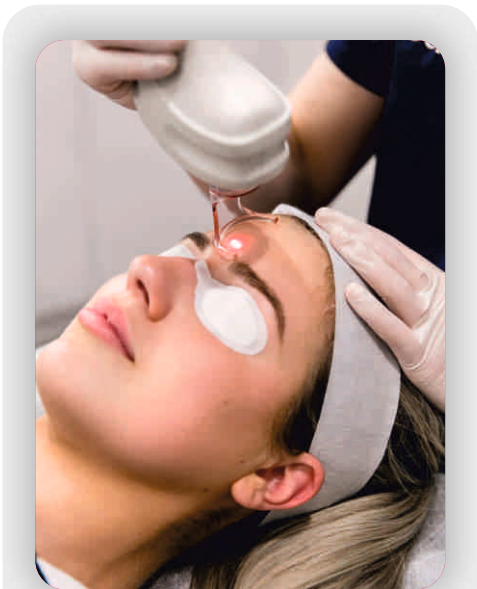
**Description:** HIFU uses focused ultrasound energy to penetrate deep layers of the skin, stimulating collagen production and tightening sagging skin.

**Benefits:** Non-invasive skin tightening, lifting effect.



# Our tailored nourish for the face that rejuvenates

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## 8. Fractional CO2 Laser:

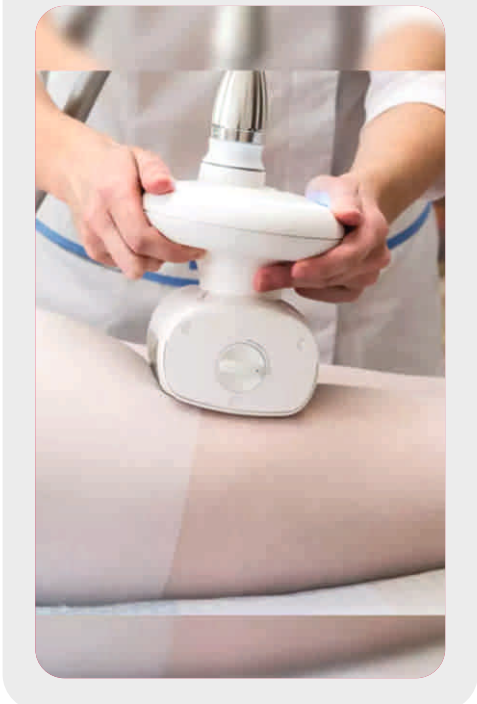
**Description:** Fractional CO2 laser resurfaces the skin by creating microscopic injuries, triggering collagen production and skin renewal.

**Benefits:** Addresses fine lines, wrinkles, scars, and uneven skin tone.

## 9. Laser Resurfacing (ERBIUM Glass, Infrared Laser):

**Description:** Laser resurfacing uses various wavelengths to target specific skin concerns, promoting collagen production and improving skin texture.

**Benefits:** Customizable treatment for various skin issues.



## 10. RF (Radiofrequency - Monopolar, Bipolar, Unipolar, Multipolar): -

**Description:** RF treatments use radiofrequency energy to heat the skin, stimulating collagen production and tightening loose or sagging skin.

**Benefits:** Non-invasive skin tightening, improved skin texture.

## 11. Vaginal Tightening: -

**Description:** Vaginal tightening procedures use various technologies, such as laser or RF, to stimulate collagen and improve vaginal laxity.

**Benefits:** Enhanced vaginal tone and tightness.

## 12. Body Contouring (EMS, Cryotherapy, Body RF, Cavitation):

**Description:** Body contouring treatments target fat reduction, muscle toning, and skin tightening using various technologies, including electrical muscle stimulation (EMS), cryotherapy, radiofrequency, and cavitation.

**Benefits:** Fat reduction, muscle toning, improved skin firmness.

# Nourishing Elixir Essence

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## 13. Dermal Fillers:

Experience the transformative power of our advanced dermal fillers tailored to address specific concerns. From smoothing expression lines type injectables to enhancing lips and cheeks Our curated selection offers solutions for every aesthetic need. Say goodbye to signs of aging, from under-eye imperfections to marionette lines, nasolabial folds, and chin wrinkles. Rejuvenate hands, soften vertical lip lines, and fill acne scars with precision. Embrace the artistry of facial rejuvenation and unveil a timeless, radiant allure with our expertly chosen dermal filler treatments.

Each treatment offers specific benefits, and the choice depends on individual goals and skin concerns. Consultation with a qualified skincare professional is recommended to determine the most suitable options for personalized treatment plans.

## Facial Treatments

### A. Microdermabrasion:

**Description:** Microdermabrasion is a non-invasive exfoliation procedure that uses a specialized device to gently remove the outer layer of dead skin cells. This reveals a smoother, more radiant complexion.

**Benefits:** Improves skin texture, reduces fine lines, and promotes collagen production.

### B. Chemical Peeling:

**Description:** Chemical peels involve applying a solution to the skin to exfoliate the outer layers, addressing various skin concerns such as fine lines, wrinkles, uneven tone, and acne.

**Benefits:** Enhanced skin texture, reduced pigmentation, and improved overall skin tone.

### C. Laser skin glow:

Unveil the radiance with our Laser Skin Glow Facial Treatment, harnessing the cutting-edge Q-Switch technology. Experience a transformative journey to luminous skin, as imperfections fade away, leaving you with a renewed and radiant complexion. Embrace the beauty of advanced skincare for a confident, glowing you!

**Benefits:** Renews, Brightens, Revitalizes





# Transformative Bliss Ritual

## D. Hydrafacial::

**Description:** Hydrafacial is a multi-step facial treatment that includes cleansing, exfoliation, extraction, and hydration. It uses a vortex technology to deliver serums and antioxidants for a refreshed and nourished complexion.

**Benefits:** Deep cleansing, hydration, and a radiant glow.



Specialist Examination



Cleansing



Steaming



Vacuum cleaning



Moisturizing mask



Finished result

## E. Oxyfacial:

**Description:** Oxyfacial, or oxygen facial, involves delivering a stream of high-pressure oxygen infused with vitamins and nutrients to the skin. This promotes collagen production and revitalizes the skin.

**Benefits:** Improved oxygenation, enhanced radiance, and hydration.



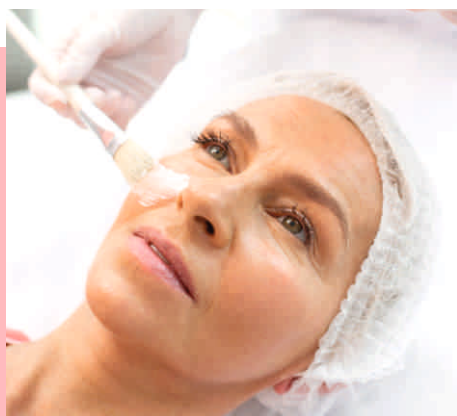
# Indulge in Luxe Pampering: Elevate Your Glow with Our Signature Facials!

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## F. Red Carpet Facial:

Description: The Red Carpet Facial is a signature treatment designed to provide instant radiance and hydration, perfect for special events. It often includes a combination of exfoliation, hydration, and sometimes mild peeling.

**Benefits:** Immediate glow, improved skin texture, and a refreshed appearance.



## G. AGAS Facial:

AGAS (Age Gracefully, Age Slowly):

Description: AGAS medifacial focuses on slowing down the aging process by incorporating anti-aging ingredients and techniques tailored to individual skin needs.

**Benefits:** Targeted anti-aging effects, improved skin elasticity.

# Nurturing Radiance, Mastering Skincare.

## Your Skin, Our Expertise

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### H. Signature Facial:

**Description:** A Signature Facial is a customized treatment tailored to address specific skin concerns. It typically includes cleansing, exfoliation, and hydration.

**Benefits:** Tailored to individual skin needs, promoting overall skin health.

### I. Photofacial:

**Description:** Also known as IPL (Intense Pulsed Light) therapy, a Photofacial uses light energy to target pigment and blood vessels, reducing sun damage, age spots, and redness.

**Benefits:** Improved skin tone, reduced pigmentation, and a more even complexion.

### J. Hollywood Facial:

**Description:** Inspired by celebrity skincare, the Hollywood Facial often combines various advanced treatments, including microdermabrasion, chemical peels, and LED therapy, for a comprehensive skincare experience.

**Benefits:** Comprehensive rejuvenation, addressing multiple skin concerns.



### K. Korean Glass Skin Treatment:

**Description:** Inspired by Korean beauty trends, this treatment aims to achieve "glass skin" – a clear, radiant, and dewy complexion. It often involves deep hydration and brightening techniques.

**Benefits:** Achieves a luminous and translucent complexion.

Each facial treatment offers unique benefits, catering to specific skin concerns and goals. Choosing the right treatment depends on individual skin needs, and a consultation with a skincare professional can help determine the most suitable option.

A Garden of Possibilities: "As we conclude this Blooming Beauty Edition, remember that your beauty is like a garden - ever-changing, ever-growing. Thank you for being a part of our flourishing Sakhiya Skin community."

## We are India's No. 1 Skin Clinic Chain with:



- ✓ Guaranteed Result
- ✓ Safe Treatments
- ✓ 5 Lakhs+ Happy Patient's
- ✓ 29 Clinics All Over India & Many More Coming Soon
- ✓ 16 Cities All Over India
- ✓ 25 Years of Expertise
- ✓ USFDA Approved Technology
- ✓ Treatment with International Technologies
- ✓ A Team Of Expert Dermatologist And Trained Therapist
- ✓ 5 Lakhs + Happy Patients
- ✓ 1500+ Hair Transplant Treatments Done
- ✓ 30k+ Acne Scar Treatments Done
- ✓ 30k+ Skin Glow Treatments Done



## We are Located

Surat (8 Clinics) | Ahmedabad (5 Clinics) | Rajkot (2 Clinics) | Vadodara |  
New Delhi | Raipur | Pune | Mumbai | Ankleshwar | Anand | Bardoli | Navsari |  
Valsad | Vapi | Bharuch | Nandurbar & Many More Coming Soon.

May your beauty continue to bloom, just like the radiant petals in a perennial garden. Until the next edition, let the spirit of blooming beauty guide your skincare journey!

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